

# You got an **AAC device!**

### WHAT DO YOU DO AT HOME?

#### 1

#### All The Words

Your child needs full access to a robust language system. They can't learn or use words if they do not have access to them! Let your child explore all the words on their AAC device. So much learning will happen during the time they spend exploring and experimenting!

#### 2

#### Model Without Expectation

An important step to learning to use an AAC system is seeing and hearing it being used. A lot! Use your child's AAC system to talk. Point to/touch symbols on the AAC system during routines and authentic interactions. Do not expect or require your child to repeat or respond to what you say.

Talk about what is happening. Describe what you are doing. Narrate your thoughts, feelings, and problem-solving. Talk about what your child is interested in, doing, and expressing in other ways. Start with saying 1 or 2 words at a time using the AAC system as you verbalize your complete statement.

Your child might not appear to pay attention to your modeling. That is okay. Keep modeling anyway! You might touch/use the AAC system more than your child at first. That is okay. Keep going!

Check out this video on Modeling Without Expectation from the AAC Coach (4 minutes): bit.ly/ModelWithoutExpectations

#### 3

#### **Find A Community**

Get connected with a support network! On Facebook:

 NWACS Family AAC Group bit.ly/NWACSfamilyAACgroup

On the NWACS website (www.nwacs.info):

- NWACS Outreach Committee
- AAC Information for Parents

## WHAT TO EXPECT

#### Your child may....

#### "Play" with the device.

- tap buttons to explore
- open folders in the device

#### Explore the words in the device.

tap buttons to hear what they say

#### Experiment with the device.



- tap buttons that make strings of words; they may not make a lot of sense
- play with language this is babbling, studying, and learning!

#### Repeat on the device.

- find a favorite word they think sounds funny
- find a word they think sounds interesting
- press this word over and over again

You may see this in the first few days and weeks. And also over many months! Your child may not use their AAC device to communicate in a 'traditionally expected' way. They may not suddenly use it to communicate in a complex way. Trust that they are learning and communicating.

It is a process and takes time!

All these things are normal and are part of the learning process.



NWACS is the oldest and longest-running organization in the Pacific Northwest for the support of persons with complex communication needs. It is a non-profit, completely volunteer organization that was founded in the late 1970s. We focus on educating and raising awareness about augmentative and alternative communication (AAC).

Learn more: www.nwacs.info

